

United States Patent [19]

Wurtman

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[54] **METHOD AND COMPOSITION FOR
TREATING NEUROLOGICAL DISORDERS
AND AGING**

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A61K 31/685; A61K 31/605

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514/400; 514/419

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[57] ABSTRACT

Choline or a choline precursor is administered to a patient together with an amino acid which is a precursor to a neurotransmitter in order to give a synergistic result for the two components.

16 Claims, No Drawings